

CALENDAR FOR BAGLESS DAYS -2026-27

THE CONCEPT OF BAGLESS DAYS

'EACH CHILD MATTERS' - THE JOURNEY CONTINUES...

The concept of introducing Bagless Days, which will be **Ten** in number in an academic year, is a unique way to reduce stress and draw the students' attention towards vocational subjects. Through this initiative the NEP-2020 aims to expose at least 50% of students to vocational education and training. Cases of poor posture and backaches among children have frequently been attributed to heavy school bags. Therefore, the Govt. of India has addressed this concern in the New Education Policy. The goal of the Bagless Days, according to NEP-2020, is to drastically reduce the weight that the kids carry in their bags each day, to and from the school. The YMCA Centenary School & College, being affiliated with the CBSE Board therefore lays emphasis on the fact that a stress - free environment coupled with a happy and healthy child will lead to better learning outcomes, enriching the overall development of the child.

APRIL

DATE/ DAY	CLASSES / SUBJECT	TOPIC
	Social Studies	
17 th April (Friday)	Classes I -V	I. Paper Craft Work – My School II. Poster Making – Save Water III. Salad Dressing IV. Creating Rain Gauge V. Keep the Environment clean and green
18 th April (Saturday)	Classes VI-VIII	VI. Exploring the Celestial World (Excursion) VII. Nature Walk VIII. A Visit to the Swaraj Bhawan Orphanage
	Classes IX-XII	AISSCE Project

JULY

	MATHS	
10 th July (Friday)	Classes I -V	I. Craft Work II. Collage Making III. Clock Making IV. Creating Table of Roman Numerals V. Calculating Area & Parameter
11 th July (Saturday)	Classes VI-VIII	VI. Finding Symmetry VII. Formation of 3-D Shapes VIII. Geometric Art
	Classes IX-XII	Projects Preparation of AISSCE

AUGUST

	ENGLISH	
8 th August (Saturday)	Classes I- V	I. Knowing the Alphabet through Conversation
	Classes I to III Spell Bee will be conducted after the Bagless Day Activity	II. Role Play/Preparing Placards
		III. Role Play/Conversation using question words.
		IV. Marbled Stationery Studio
		V. Marbled Stationery Studio

10 th August (Monday)	Classes VI-VIII	VI. Creative Speaking
		VII. Role Play
		VIII. News Reporting
	Classes IX-XII	AISSCE Project
<u>OCTOBER</u>		
	SCIENCE	
16 th October (Friday)	Classes I -V	I. Drawing a house
		II. Craft Work (Plant)
		III. Salad Dressing with sprouts
		IV. Creating Utility Items From Waste
		V. Preparing a Balanced Diet Plate
17 th October (Saturday)	Classes VI-VIII	VI. Making a Wall Hanging
		VII. Study of Biodiversity
		VIII. Environmental Awareness
	Classes IX-XII	AISSCE Project
<u>NOVEMBER</u>		
	HINDI / SANSKRIT	
21 st November (Saturday)	Classes I-V	I. Preparing Traffic Signals
		II. Making Bags from old Newspaper
		III. Making Fruit Salad
		IV. Traffic Signals
		V. Best from Waste-Making Puppets
23 rd November (Monday)	Classes VI-VIII	VI Making Wall Hanging
		VII. Making Birds Nest from Coir
		VIII. Making Salad & Snacks
	Classes IX-XII	AISSCE Project
<u>JANUARY- 2027</u>		
	G.K. / COMPUTER SCIENCE	
29 th January (Friday)	Classes I - V	I. Cut & Paste – National Symbols
		II. Making a flag
		III. Knowing the Parts of a Computer
		IV. Device Hunt & Role Play
		V. Gaming in Scratch
30 th January (Saturday)	Classes VI-VIII	VI. Creating Files on AI
		VII. Creating Files on Cyber Ethics
		VIII. Learning Python without Bags or Computer
	Classes IX-XII	AISSCE Project